



BYJW



**BY JW**

Welcome to Spa by JW, an experience that favors

simplicity over complexity, clarity over mystery. our spa lounge is the perfect place to simply unwind and take a moment.

Spa by JW delivers experiential retail treatments that are tailored to your exact needs and focused on delivering four distinctive benefits — Calm, Indulge, Invigorate and Renew. Whether you're fatigued from

a long journey or simply desire a well-deserved retreat, we provide a personalized spa experience that is as effortless as it is rewarding. Begin your journey with your desired results in mind.

# SIGNATURE JOURNEYS

All signature journeys end with a personal affirmation to make it a journey to remember.

## **The Big Five Self Journey**

**120mins | USD 240**

Pay tribute to Africa's Big 5, by taking on a journey of the five senses. Welcomed with a fresh cold pressed tea to quench the thirst. Take your mind to a quiet place with the sound of nature. Breathing techniques will guide you to a state of pure relaxation and self-time. Feel rejuvenated and nourished as our skilled therapist cleanses and deeply exfoliates from head to toe. Next, surrender to a full body massage using a deeply hydrating body balm, specially tailored to suit your preferred pressure and focus areas helps to target any tension areas. A mini hydrating and renewing facial to give a radiance and glow.

## **Masai Celebration**

**120mins | USD 280**

A powerful hydration journey, enjoy our gentle Kalahari Melon experience, the perfect choice to hydrate the skin after exposure to sun. Begin with a full body polish to cleanse, soften, soothe, and brighten the skin. Next a relaxing 90 minutes full body massage promises to relax, relieve and release any tension, concerns and stresses.

## **Elephant Clay Detox Journey**

**90mins | USD 210**

Boost circulation and relax tired muscles with this invigorating and uplifting journey. Start with Earth Clay body mask to detoxify and brighten the skin. A tailored deep tissue massage incorporating use of a cooling gel targets achy muscles and focus areas specific to your need.

# BODY CEREMONIES

## **Sacred Time Out with Thai Poultices**

**120mins | USD 300**

Start your journey with a welcoming foot ritual to cleanse and soothe the feet. This holistic, self-nurturing experience includes a full body polish of your choice to soften and smooth the skin, followed by a holistic and nurturing full body hot oil massage, using a bespoke blend of uniquely prepared aromatherapy and botanical oils. This massage also includes the use of heated Thai Herbal Compress to take away any stress and tension areas.

## **Ultimate Detox Ritual**

**120mins | USD 300**

Enjoy our full body exfoliation and wrap by choosing between the essences of coffee, cinnamon and orange or mongongo nut. Our invigorating body polishes serve to remove dead skin and encourage cellular renewal for smooth, soft, balanced, firm and retextured skin that glows with vitality. Follow the body exfoliation and wrap with a shower and complete your experience with a luxurious and nourishing full body massage.

- Mongongo Nut - Detox, Water retention, Lymphatic drainage
- Coffee, Cinnamon and Orange - Detox, Define, Sculpt

## **Cool, Restore After Sun Immersion**

**90mins | USD 200**

The ultimate bush sun recovery ritual, this treatment harnesses the healing powers of pure aloe vera to restore sun exposed, dehydrated and damaged skin. The experience will begin with a refreshing Aloe Vera cocoon body wrap, hydrating and conditioning scalp massage using our African Potato Balm. Complete this healing ritual with hydrating Pinotage facial.

### **Polishing Body Ceremony**

**45mins | USD 100**

All scrub ceremonies include a nourishing body butter application. For optimum results, add any of our scrub rituals to your preferred massage therapy.

- Powerful Antioxidant Pinotage polish
- Hydrating Kalahari Melon body polish
- Relaxing Marula & Neroli body polish
- Detoxifying Mongongo Nut body polish
- Stimulating Coffee, Cinnamon & Orange body polish

### **Body Wrap Ritual Ceremony**

**45mins | USD 100**

Our targeted body masks are designed to treat specific guest concerns creating both immediate and lasting results. All mask wraps are completed with a hydrating shea butter application. Choose From:

- Grape Anti-Oxidant Clay Mask - Skin Brightening
- Coffee, Cinnamon & Orange - Stimulate, Sculpt & Define
- Mongongo Nut - Detoxifying
- Aloe Vera - Soothing, calming, after sun repair, skin reviver

### **Extra Time**

Enhance experiences by adding extra time of your favorite treat. These treatments are not to be combined or booked as a single experience but can be added on to the following body ceremonies treatments.

- Refreshing Hydrating Facial 30mins | USD 60
- Revitalizing Full Body Polish 30mins | USD 60
- Stress Relieving Back and Shoulder Massage 30mins | USD 60
- Soothing Foot and ankle Massage 30mins | USD 60
- Relaxing Hot Oil Head Massage 30mins | USD 60

## **SKIN CARE THERAPIES**

### **Hydrating & Renewing Facials**

**60mins | USD 150**

A intensive hydration infused facial specially targeting dehydrated, and water lacking skins. Start with a nourishing cleanse best suited to your individual skin to begin the ultimate hydrating experience. Active ingredients as Radiance Rosehip and Hyaluronic acid is lavishly used to feed the skin with nutrients, moisture and assist with the skins natural hyaluronic production, leaving the skin plump and moisture rich. Incorporating Rose Quartz Roller to aid in boosting circulation, resulting in optimum skin glow. Suitable for all skin types, ideal for dehydrated and sun exposed skin.

### **Personalised Healing Facial**

**60mins | USD 150**

Choose between the following facial ceremonies to best fit the needs of your skin and provide one or more of the following benefits. Add moisture, rejuvenate and regenerate tired skin at a cellular level to balance. Offering deep hydration for tired and dehydrated skin and offers instant plumping results or heal and renew dull, lifeless skin and visibly improve complexion. Choose either:

- Balancing Neroli & Rose Facial
- Hydrating Marula & Rose booster facial
- Stimulating Jasmin & Baobab facial

### **Lion's Facial Ceremony**

**60mins | USD 150 / 90mins | USD 210**

This treatment is especially for the Gents. A facial focusing on deep cleansing leaving the skin refreshed, nourished and soothed for visible results. Hot facial compresses and a regenerating facial massage using healing and restoring African Potato is the ideal treatment. 90mins offering includes a stress relieving back massage.

### **After Sun Calming Facial**

**60mins | USD 150**

This gentle facial is specially designed for skin that has been damaged by the sun or exposure to other environmental toxins. It harnesses the naturally nourishing powers of superfoods to heal the skin without the use of chemicals. Hydrating masks, serums and natural oils with herbs and shea butters are all combined for optimum restoration. We use our famous aloe vera gel in combination with our award-winning African potato for ultimate healing and rejuvenation. Suitable for sensitive and over sun exposed skins.

## **MASSAGE THERAPIES**

Using Healing Earth's Signature Pinotage Oils and Luxury Butters

### **Duos Connection**

**60mins | USD 300 / 90mins | USD 400**

Take time out together and Indulge in a side-by-side tailored couples massage to soothe and ease muscle tension and promote complete relaxation. Choose from our signature Pinotage oils.

### **Aroma- Revive Massage**

**60mins | USD 175 / 90mins | USD 250**

A relaxing light to medium pressure full-body massage to help you drift away while enjoying the African ambience. Choose your beautifully blended aromatherapy oil of preference to condition & hydrate, detox & uplift or relax & destress.

### **Traditional Deep Tissue Massage**

**60mins | USD 175 / 90mins | USD 250**

This massage targets stiff and sore muscles by concentrating on the areas where lactic acid has built up. Pressure is altered from medium to deep to adapt to those tough tension areas and improve blood circulation. A cooling gel is applied to the upper back to refresh, calm and soothe the relieved area.

### **Mara Nourishing Massage**

**60mins | USD 175 / 90mins | USD 250**

Take a journey across the plains of Africa in this full-body massage using a selection of specially blended and nourishing body butters with ancient healing traditions and techniques. Selecting a butter of choice, you not only nourish the skin, but also target specific concerns and achieve your desired outcome.

### **Special Mom To Be**

**60mins | USD 175**

A much-needed tailored massage therapy for the special mom to be. Ease away any muscle tension and tiredness using Healing Earth's award winning African Potato Balm, packed with vitamins, minerals and powerful organic bio-identical active ingredients deeply nurturing and nourishing the skin.

### **Release Back, Neck, Shoulder Massage**

**45mins | USD 140**

Start with a back exfoliation using Kalahari Melon body polish to soften and hydrate the skin. Gentle warm compresses remove the polish, before flowing into a tension relieving Back, Neck & Shoulder massage. Finish with a cooling gel to leave you feeling refreshed

# ESSENTIALS

Looking polished is just as important as how you feel inside. These essential services are exactly that – treatments that allow you to achieve total contentment and confidence both inside and out. Apply the finishing touches to your hands and feet in confident style.

## **Masai Handprint Ceremony**

**60mins | USD 160**

A classic treatment including a polish to soften, reshape of the nails, neaten cuticles and massage to moisture and nourish the hands. Finished with a fresh coat of lacquer.

## **Masai Footprint Ceremony**

**60mins | USD 160**

The feet are soaked, skin gently exfoliated, cuticles are perfected, and toenails clipped, shaped, buffed and polished. Finishing with a nourishing foot massage and a fresh coat of nail lacquer.

## **Tribal Handprint or Footprint Ceremony**

**45mins | USD 125**

Perfect treat for the gentleman. Soaked, exfoliated, nail and cuticle treatment. Includes nail shaping and trimming of the cuticle.

## **Express Manicure / Express Pedicure**

**30mins | USD 90**

An express nail service for the hands or feet if time is essential. This treatment will also include nail filing, shaping, and trimming of the cuticle. To complete, a polish application is done to add some colour and shine.



# HOW TO SPA

## **SCHEDULING AN APPOINTMENT**

To schedule an appointment for a treatment, please speak with our Spa specialist, who will be happy to help you with your selection. To ensure availability of your preferred time and service, we recommend making your reservation in advance.

Spa treatments can only be booked upto 5.00pm.

Massages / Manicure and Pedicure can be booked upto 6.00pm

## **SPA ETIQUETTE**

In order to ensure all of our guests enjoy a relaxing experience, please respect all guests' right to privacy and serenity. Please refrain from using a mobile device. The Spa by JW is a smoke-free environment. Towels, slippers, shower cap and required amenities will be provided for use during your visit. The minimum age is 16 to access to the spa areas and treatments.

## **ARRIVAL TIME**

We recommend that you arrive at least 15 minutes prior to your first scheduled appointment. This will allow ample time to fill out a client profile necessary to tailor our services to your personal needs and for you to relax in the ambient environment.

## **LATE ARRIVAL & CANCELLATION POLICY**

All spa appointments have been designed to allow appropriate time for full enjoyment of each service. Your late arrival may limit our ability to offer the fullest possible experience. We will always accommodate you if possible, however if you arrive 15 minutes past your appointment, we may need to reschedule your service. Treatments will be rendered only for the remainder of the scheduled appointment and you will be responsible for payment of the full service. Our policy allows our staff to reschedule open appointment times with other guests who may be on our waiting list. Please remember that our staff works by appointment to give the best to every client.

## **PROFESSIONALISM**

Our trained therapists are here solely to help improve your wellness and relaxation. If a therapist ever feels that a client is behaving inappropriately, they are authorized to stop the treatment immediately and direct you to the front desk. We have the right to refuse services to anyone.

## **GRATUITY**

Gratuity is not included in the price of service or spa packages; customary tipping is 15- 20% is greatly appreciated but not required. We do not process gratuities on credit cards.



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