

RECREATION AND FITNESS ACTIVITIES

MARCH 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8.30 AM		DEEP STRETCHING YOGA 30 MINUTES	DEEP FLOWING YOGA 30 MINUTES	CORE STRENGTH 30 MINUTES	DEEP FLOWING YOGA 30 MINUTES	DEEP STRETCHING YOGA 30 MINUTES	
11.00 AM	GIANT JENGA CHALLENGE	SOFT ARCHERY CHALLENGE	BOCCE GAME	KUBB (NORDIC BOCCE)	TRIVIA QUIZ GAME	CAPTURE THE FLAG	NATURE FAMILY CRAFTING
PM							
03.00 PM	BASKETBALL CHALLENGE	PENALTY CHALLENGE	BUBBLE CHALLENGE	GIANT CONNECT 4	FOOTBALL TENNIS	TUG WAR	SACK RACE



MEETING POINT FOR THE ACTIVITIES: **KIDS CLUB**



MEETING POINT FOR THE ACTIVITIES: **FAMILY POOL**

In adverse weather conditions the meeting point will be **The KIDS CLUB** with an alternative activity



MEETING POINT FOR THE ACTIVITIES: **INFINITY POOL**

In adverse weather conditions the meeting point will be the **FITNESS CENTER**